

PRINCETON MEDITATION GROUP
of
SELF-REALIZATION FELLOWSHIP
12 Roszel Road, Suite B201
Princeton, NJ 08540

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www.princetonmeditationgroup.org

Newsletter

February - May 2019

Dear Fellow Devotees:

Please note the following dates and events:

- 4 February **Monthly 3 Hour Monday Night Meditation** from 6:30 PM to 9:30 PM.
- 9 February **Monthly 4 Hour Saturday Morning Meditation** from 8:00 AM to 12:00 noon.
- 10 February **General Business Meeting** 12:15 – 1:00 PM following Sunday Service.
- 17 February **Extended Meditation Service** 9:00AM-10:50AM; Readings Service 11:00AM-12noon.
- 24 February **Bhagavad Gita Book Study** 12:15 PM-1:00 following the Readings Service.
- 4 March **Monthly 3 Hour Monday Night Meditation** from 6:30 PM to 9:30 PM.
- 7 March Thursday - **Commemoration of the Mahasamadhi of Paramahansa Yogananda**
6:30 PM- Meditation Service
7:30PM - Commemoration Service*
- 9 March Saturday - **Commemoration of the Mahasamadhi of Sri Yukteswar**
6:30 PM - Meditation Service
7:30 PM - Commemoration Service*
- 9 March Please note that the 2nd Saturday of the month 4 hour meditation is cancelled .
- 10 March **Service Readers & Ushers Meeting** from 12:15 to 1:00 PM
- 17 March **Extended Meditation Service** 9:00AM-10:50AM; Readings Service 11:00AM-12noon.
- 24 March **Bhagavad Gita Book Study** 12:15 PM-1:00 following the Readings Service.
- 30 March **Kirtan & Dinner** 5 PM Location in future announcement.
- 1 April **Monthly 3 Hour Monday Night Meditation** from 6:30 PM to 9:30 PM.
- 7 April **Group Elections** - following the Sunday Readings Service from
12:15 – 1:00 PM
- 13 April **Monthly 4 Hour Saturday Morning Meditation** from 8:00 AM to 12:00 noon.
- 19 April **Good Friday** The Chapel will be open from 12:00 noon to 3:00 PM. There will be a service
from 2:00 to 3:00 PM

- 21 April **Easter Sunrise Service** -Will be held at the home of Aneesh and Simi Bakshi at 7 AM. Light refreshments will be served. Please contact Aneesh or Simi for directions to their home.
- 21 April **Easter Sunday Service** - will be a regular Sunday Service : 10:00 AM to 12:00 Noon.
- 28 April **Bhagavad Gita Book Study** 12:15 PM-1:00 following the Readings Service.
- 2 May **National Day of Prayer:** The President of the United States has designated this as an annual observance. Sri Daya Mata has said, "In selfless prayer, limited human will attracts the all powerful will of God for fulfillment of any need. No sincere prayer for good is ignored by Him. We can make this world a better place by our thoughts, our actions and most far reaching, our prayers, uniting the vibrations of our good will to God's divine love and power." Our group will observe this day by conducting a Worldwide Prayer Circle Service, at the end of the Thursday evening Inspirational Service. Devotees are encouraged to attend, or to observe the National Day of Prayer in their homes through private meditation and prayer.
- 4 May Our annual **One Day Retreat** will be held from 10:00 AM to 4:00 PM at the home of Aneesh & Simi Bakshi. You may call Aneesh at 609-937-4721 (c) or (609) 737-1265 for additional information.
- 6 May **Monthly 3 Hour Monday Night Meditation** from 6:30 PM to 9:30 PM.
- 10 May Friday - **Commemoration of the Birthday of Sri Yukteswar**
6:30 PM - Meditation Service
7:30 PM - Commemoration Service*
- 11 May **Monthly 4 Hour Group Meditation** from 8:00 AM to 12:00 noon.
- 17 May **NYC Regional Retreat at Garrison, NY from May 17th to May 19st.**
- 19 May **Extended Meditation Service** 9:00AM - 10:50AM. Readings Service 11:00AM - 12 noon
- 26 May **Bhagavad Gita Book Study** 12:15 PM-1:00 following the Readings Service.

***It is customary to bring a flower, your favorite if possible, and a voluntary offering in an envelope to this Special Service, as symbols of your devotion and loyalty to Self-Realization Fellowship and the SRF Gurus.**

Following what has been the practice at SRF Temples for many years, Mother Center asks devotees to bring a flower and offering to both Birthday and Mahasamadhi Services.

GENERAL INFORMATION:

The Princeton Meditation Group would like to thank all of you who so generously give of your time and energy to serve the Group in every capacity: book table, ushers, service readers, altar care, chapel maintenance, planners and organizers of social events, preparers of delicacies for gatherings, members of the Managing Council, members of the congregation, members who pray for others and members who tithe. All your efforts are deeply appreciated.

REMINDER: Prayer requests may be placed in the box on the table in the foyer or can also be sent to the Self Realization Fellowship World Wide Prayer Circle via the SRF Web Site. Simply log on to www.yogananda-srf.org, and select the option, "Prayer Requests." Fill out the form and click the "Send Prayer Request" button". Names are forwarded to the Worldwide Prayer Circle at the Mother Center in Los Angeles.

Regularly Scheduled Services

Sunday Mornings	10:00am-10:50am 11:00am-12:00noon	Meditation Service Readings Service
Third Sunday Morning of month	9:00am-10:50am 11:00am-12:00noon	Extended Meditation Service Readings Service
Thursday Evenings	6:30pm-7:30pm 7:30pm-7:40pm 7:40pm-8:30pm	Inspirational Service Prayer Service Private Meditation
First Monday of month	6:30 pm-9:30pm	Group Meditation
Second Saturday of month	7:00 am-11:00am	Group Meditation

In the event of inclement weather, please call (609) 902-4850. Our Chapel voice message will advise you if the Service has been canceled.