

**Princeton Meditation Group of Self-Realization Fellowship**

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Newsletter

October 2017 - January 2018

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**Dear Fellow Devotees:**

The Managing Council would like to thank everyone for your continued support to Princeton Meditation Group. Your loyalty and dedication are greatly appreciated and help our group to continue to flourish.

- 2 October      **First Monday of the Month Meditation Service** from 6:30 PM – 9:30 PM. Chants will be played on the hour. You may enter or leave the Chapel during a chant.
- 14 October     **Four Hour Group Meditation** from 8:00 AM to 12:00 PM. Chants will be played on the hour. You may enter or leave the Chapel during a chant.
- 14 October     **Kirtan & Supper** at the home of Bob & Marie Davis starting at 5:00 PM. Directions are located in the bookroom. Please be prompt. You may bring your favorite vegetarian dish to share with other fellow devotees.
- 15 October     **Extended Sunday Meditation Service** from 9:00 AM – 10:50 AM. Readings Service from 11:00 AM – 12:00 PM. **Sunday School** for children ages 3-10 from 10:50 AM – 12:00 PM.
- 29 October     **Service Readers' and Ushers' Meeting** from 12:15 PM to 1:00 PM following the Readings Service.
- 6 November    **First Monday of the Month Meditation Service** from 6:30 PM – 9:30 PM. Chants will be played on the hour. You may enter or leave the Chapel during a chant.
- 11 November   **Four Hour Group Meditation** from 8:00 AM to 12:00 PM. Chants will be played on the hour. You may enter or leave the Chapel during a chant.
- 19 November   **Extended Sunday Meditation Service** from 9:00 AM – 10:50 AM. Readings Service from 11:00 AM – 12:00 PM. **Sunday School** for children ages 3-10 from 10:50 AM – 12:00 PM.  
*Note: All Sunday morning Meditation Services will begin at 9:00 AM through December 31, 2017*
- 22 November   Our weekly **Inspirational and Prayer Services** will be held this evening at 6:30 PM, instead of Thanksgiving Day.
- 4 December    **First Monday of the Month Meditation Service** from 6:30 PM – 9:30 PM. Chants will be played on the hour. You may enter or leave the Chapel during a chant.
- 9 December    **All Day Christmas Meditation** from 10:00 AM to 5:00 PM with an intermission at approximately 1:30 PM. If you cannot attend the entire 7 hours, you may attend the first half. Guidelines from the Mother Center will be available on the table in the bookroom.
- 17 December   **Christmas Social:** There will be a Christmas social after the services. Everyone is welcome. You may bring your favorite vegetarian dish to share with other fellow devotees.
- 5 January      **Commemoration of the Birthday of Paramahansa Yogananda**  
6:30 PM to 7:30 PM - **Meditation Service**  
7:30 PM to 8:30 PM - **Birthday Commemoration Service**  
It is customary to bring *a flower and a voluntary donation in an envelope* as symbols of devotion and loyalty to Self-Realization Fellowship and the SRF Gurus for this Special Service. Following the Commemoration Service, we will serve cake to celebrate Master's birthday.

- 6 January      **Paramahansa Yogananda Commemorative Meditation Service** from 10:00 AM to 4:00 PM with an intermission at approximately 1:00 PM. This special six hour meditation commemorating the birth of Paramahansa Yogananda is held each year at Self-Realization temples, centers, meditation groups and ashrams. If you cannot attend the entire 6 hours, you may attend the first half.
- 21 January      **Extended Sunday Meditation Service** from 9:00 AM – 10:50 AM. Readings Service from 11:00 AM – 12:00 Noon. **Sunday School** for children ages 3-10 from 10:50 AM – 12:00 PM.

**GENERAL INFORMATION:**

Again this year the Princeton Meditation Group will **donate food** to the **Trenton Area Soup Kitchen** Anyone who wishes to join us in this effort for Thanksgiving and the December holidays may bring non-perishable meatless food items to the Chapel for delivery before each holiday.

**Monetary Donations** made to our group are the means by which we are able to pay our expenses. Donations made by check should be made out to the 'Princeton Meditation Group'. Donations are tax deductible.

***Our regularly scheduled Services***

Sunday Mornings:	10:00 AM to 10:50 AM	Meditation Service
	11:00 AM to 12:00 PM	Reading Service
	9:00 AM to 10:50 AM	Third Sunday of the Month Extended Meditation Service
Thursday Evenings:	6:30 PM to 7:30 PM	Inspirational Service
	7:30 PM to 7:40 PM	Prayer Service
	7:40 PM to 8:30 PM	Private Meditation
First Monday of the Month	6:30 PM to 9:30 PM	Group Meditation
Second Saturday of the Month	8:00 AM to 12:00 PM	Group Meditation

If you have a question about any of our group's activities, please call Richard Coleman at (609) 731-1849 or Loraine Huchler at (609) 896-4457. In the event of inclement weather, please call (609) 902-4850; the recorded message will indicate if we have cancelled services.

*If you no longer wish to receive this newsletter or you have an address change, please contact Richard Coleman by phone (609) 731-1849 or e-mail, [srfpmg@gmail.com](mailto:srfpmg@gmail.com)*